

**MORE THAN A ROCK
CLIMBING GUIDE, THIS
BOOK IS A MEDITATION
ON TIME, MEMORY,
ACTION AND PLACE.**

- Memory Of A Journey - the history of Ben Lomond climbing
- Comprehensive climbing guide
- 350 route descriptions, maps, historical photos
- Colour action photos

The climbing is special and so is the landscape. No-one leaves unaffected by the rare power of the high plateau, especially if the climber ventures away from the easily accessed Northern Escarpment and wanders down the broad wind washed, sun washed glacial valleys of the upland, along the shores of the high lakes to the bastions of Africa (Heimdall and Asgard), the columns of Pavement Bluff trapping the sun on the eastern rim, or to the darker labyrinthine towers and faces of Denison Crag and Stacks Bluff in the south.



MEMORY OF A JOURNEY

Rockclimbing on Ben Lomond

Robert McMahon & Gerry Narkowicz

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